## Natural Sleep Auditory Brainstem Response Evaluations: Our Reality at Kaiser Permanente Colorado

it Kaiser Permanente.

## **Types of ABR Cases**

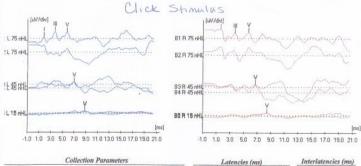
	NBHS Follow up ABR	ABR in KASC with an ENT Procedure	ABR in KASC without an ENT Procedure	Natural Sleep ABR
2016	103	18	8	35
2017	153	18	5	25
2018	144	25	4	43
2019	112	24	3	47

## Why Pursue a Natural Sleep ABR?

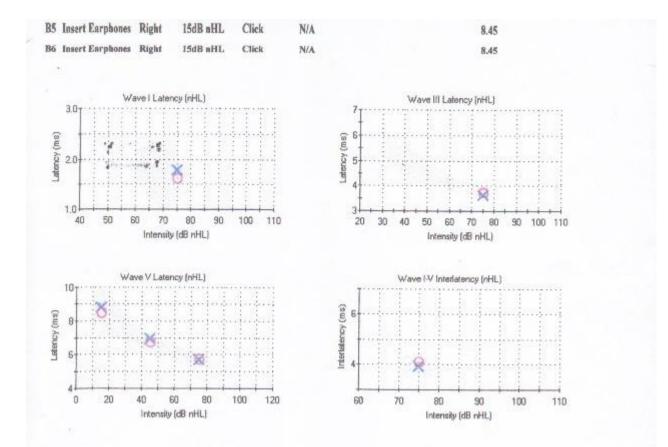
- MEDICALLY FRAGILE
  - Extreme Prematurity
  - •Post Meningitis
  - •Diseases/Conditions
    - Lysosomal Storage Disease
    - GSW, attempted suicide
- CONGENITAL CMV (Cytomegalovirus)
- •SYNDROMES
  - •Trisomy 21, Down Syndrome
  - Waardenburg Syndrome
  - $\circ \mathbf{U}\mathbf{sher's}$  Syndrome
- •AUTISM or SUSPECTED AUTISM

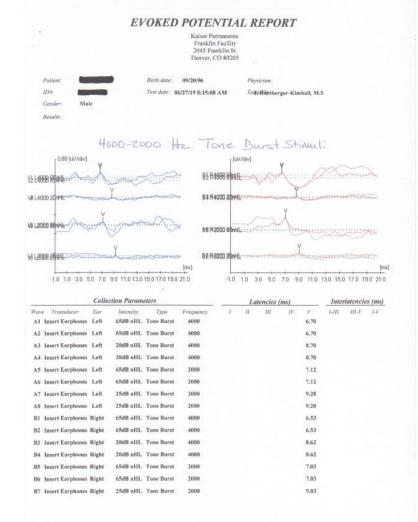


Replicable waveforms obtained to a olick stimulus via sii conduction presentation at 75, 45 and 15 dBnHL bilaterally. A reversal of the polarity demonstrates a cochlear microphonic and replicable waveforms bilaterally. Absolute and interPack latencies are vitiliaterally readult normative data. Latency/Intensity Function (LIF) curves follow the normal curve bilaterally rete adult normative data. Latency/Intensity Function (LIF) curves follow the normal curve bilaterally rete adult normative data. Latency/Intensity Function (LIF) curves follow the normal curve bilaterally rete data and the state of the state stimule. Tone Burst stimuli, at the following frequencies and intensity levels. 4000 Hz: 65 and 20 dBnHL bilaterally. 2000 Hz: 65 and 20 dBnHL bilaterally: 1000 Hz: 65 and 30 dBnHL bilaterally. 300 Hz: 65 and 20 dBnHL bilaterally. 300 Hz: 65 and 30 dBnHL bilaterally. 300 Hz: 65 and 30 Bhl bilaterally. 300 Hz: 65 Bhl bilaterally.

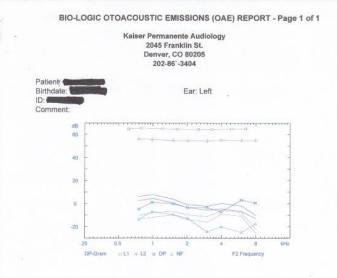


1		Conec	non paramete	15			L	utencies (	(ms)	1000	Inter	rlatenci	es (ms)
Van	e Transducer	Ear	Intensity	Type	Frequency	1	11	111	IV	V	1-111	III-V	1-1-
AI	Insert Earphones	Left	75dB nHL	Click	N/A	1.78		3.62		5.70	1.83	2.08	3.92
A2	Insert Earphones	Left	75dB nHL	Click	N/A								
A3	Insert Earphones	Left	45dB nHL	Click	N/A					6.95			
A4	Insert Earphones	Left	45d8 nHL	Click	N/A					6.95			
Λ5	Insert Earphones	Left	15dB nHL	Click	N/A					8.78			
A6	Insert Earphones	Left	15dB nHL	Click	N/A					8.78			
B1	Insert Earphones	Right	75dB nHL	Click	N/A	1.62		3.70		5.70	2.08	2.00	4.08
B2	Insert Earphones	Right	75dB nHL	Click	N/A								
<b>B</b> 3	Insert Earphones	Right	45dB nHL	Click	N/A					6.70			
B4	Insert Earphones	Right	45dB nHL	Click	N/A					6.70			



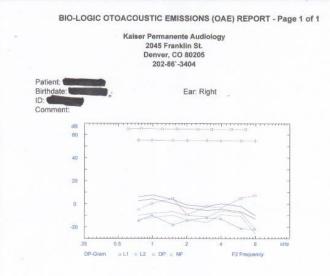






Left: 27-Jun-19: -: 750-8000 Hz Diagnostic Test - High Noise: 19F27D23.OAE

L1(dB)	L2(dB)	F1(Hz) '	F2(Hz)	GM(Hz)	DP(dB)	NF(dB)	DP-NF(dB)	
65.0	54.9	6516	7969	7206	0.6	-17.7	18.3	
64.9	54.9	4922	6000	5434	3.1	-25.2	28.3	
64.4	55.2	3281	3984	3616	-7.1	-20.0	12.9	
64.4	54.2	2484	3000	2730	-3.5	-24.6	21.1	
64.5	54.5	1641	2016	1818	-3.3	-13.0	9.7	
65.2	54.9	1219	1500	1352	-0.1	-9.5	9.4	
65.4	55.6	797	984	886	1.1	-7.1	8.2	
64.7	55.9	609	750	676	-4.8	-13.8	9.0	



Right: 27-Jun-19: -: 750-8000 Hz Diagnostic Test - High Noise: 19F27D22.OAE

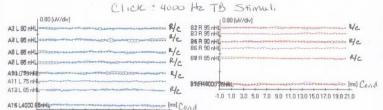
L1(dB)	L2(dB)	F1(Hz)	F2(Hz)	GM(Hz)	DP(dB)	NF(dB)	DP-NF(dB)
65.0	54.9	6516	7969	7206	7.3	-22.0	29.3
64.9	54.8	4922	6000	5434	5.0	-21.5	26.5
64.9	54.8	3281	3984	3616	-3.4	-13.0	9.6
64.8	55.0	2484	3000	2730	-2.4	-12.0	9.6
65.2	55.1	1641	2016	1818	-9.6	-14.4	4.8
65.1	55.2	1219	1500	1352	4.6	-18.2	22.8
65.5	55.3	797	984	886	0.2	-9.8	10.0
65.0	55.4	609	750	676	-4.9	-14.7	9.8

## Why Pursue a Natural Sleep ABR?

- •GLOBAL DELAYS
- MISSED NEWBORN HEARING SCREENING/FOLLOW UP TO NBHS
- FAMILY HISTORY of HEARING LOSS
- ADOPTION
- MONITORING OF KNOWN HEARING LOSS
- MONITORING STATUS of CONDUCTIVE HEARING LOSS
- MONITORING of ACOUSTIC NEUROMA
- •IDENTIFICATION/MONITORING of ANSD
- •? of DEMYELINATING DISEASE
- •NONORGANIC/FUNCTIONAL HEARING LOSS

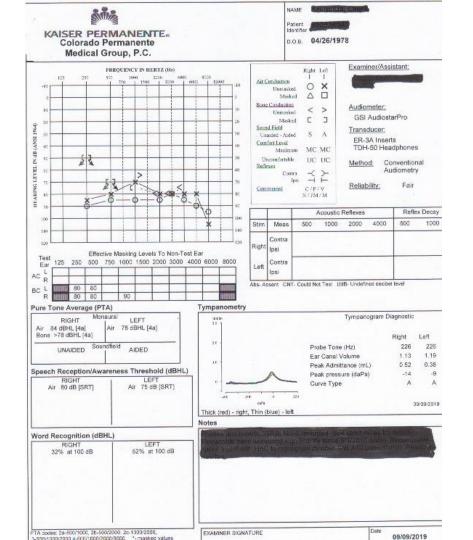






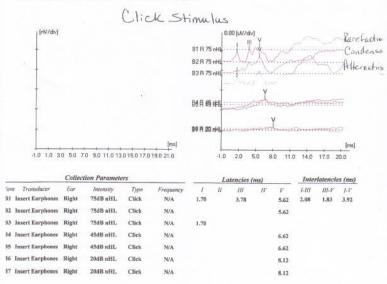
-1.0 1.0 3.0 5.0 7.0 9.0 11.0 13.0 15.0 17.0 19.0 21.0

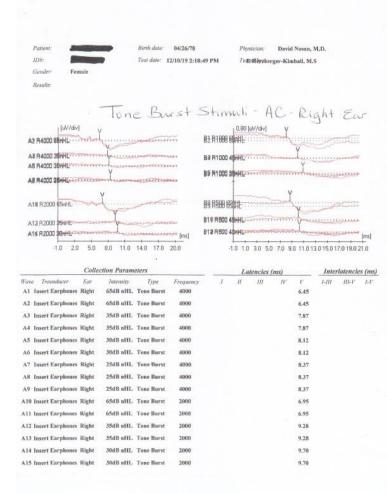
_		Cotte	ction Param	eters			La	tencies	(ms)		Inter	latencie	s (ms
Vave	Transducer	Ear	Intensity	Type	Frequency	1	11	111	IV	V	I-III	111-V	1.1
A1 1	Insert Earphones	Left	90dB nHL	Click	N/A								
A2 1	Insert Earphones	Left	90dB nHL	Click	N/A				÷				
A3 1	Insert Earphones	Left	85dB nHL	Click	N/A								
A4 1	Insert Earphones	Left	85dB nHL	Click	N/A								
A5 1	Insert Earphones	Left	85dB nHL	Click	N/A								
A6 1	Insert Earphones	Left	85dB nHL	Click	N/A								
A7 1	Insert Earphones	Left	85dB nHL	Click	N/A								
A8 1	insert Earphones	Loft	85dB nHL	Click	N/A								
A9 1	Insert Earphones	Left	75dB nHL	Click	N/A								
10 1	insert Earphones	Left	75dB aHL	Click	N/A								
111	insert Earphones	Left	75dB nHL	Click	N/A								
12 1	insert Earphones	Left	65dB nHL	Click	N/A								
13 1	Insert Earphones	Left	65dB nHL	Click	N/A								
14 1	nsert Earphones	Left	65dB nHL	Tone Burst	4000								

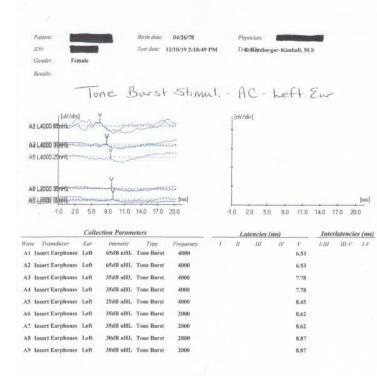


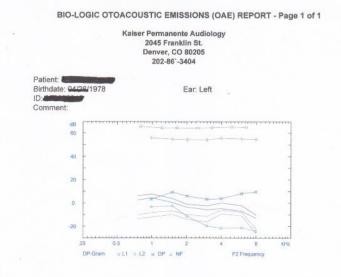


RIGHT EAR: Good, replicable waveforms obtained to a click stimulus via air conduction presentation at 75, 45 and 20 dBnHL. A reversal of the polarity demonstrates a cochiener microphonic and replicable waveforms. Absolut can later/beak latencies are within normal limits rc; the adult normative data. Latency/intensity Function (LIP) curve follows the normal curve re: the adult normative data. These results suggest normal acutory ensitivity for at least some point in the 1000-4000 Hz range. Good. replicable waveforms obtained to frequency specific stimuli, or the following frequencies and intensity levels: 4000 Hz: 63, 33 and 25 dBnHL; 5000 Hz: 63, 33 and 30 dBnHL. These results suggest normality if the results obtained for the left ear date to the patient awakining. Good, replicable waveforms data to a test the 500-4000 Hz: 63, 43 and 40 dBnHL. These results suggest normal anditory sensitivity for a the least the following frequencies and intensity levels: 4000 Hz: 63, 33 and 30 dBnHL. These results suggest normal anditory sensitivity for a these stimular to the following frequencies and intensity levels: 4000 Hz: 65, 33 and 30 dBnHL. These results suggest normal anditory sensitivity for a these stimular and the following frequencies and intensity levels: 400 Hz: 65, 33 and 30 dBnHL. These results suggest normal anditory sensitivity at 2000 Hz: 53 and 30 dBnHL. These results suggest normal anditory sensitivity at 2000 Hz: 55 and 30 dBnHL. These results suggest normal anditory sensitivity at 2000 Hz: 55 and 30 dBnHL. These results suggest normal anditory sensitivity at 2000 Hz: 55 and 30 dBnHL. These results suggest normal and the 56, 33 and 40 dBnHL for the results avaking. Good, replicable waveforms at 25 dBnHL, not replicated due to patient avakaning: 2000 Hz: 35 and 30 dBnHL. These results suggest normal anditory sensitivity at 2000 Hz. The completion of resving has been scheduled for December 19, 2019 dBr 25 and 30 dBnHL.



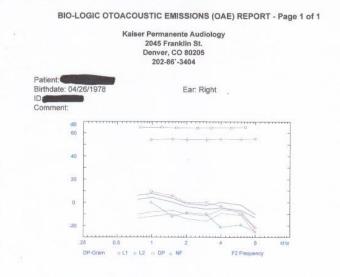






Left: 10-Dec-19: -: 750-8000 Hz Diagnostic Test - High Noise: 19L10D02.OAE

L1(dB)	L2(dB)	F1(Hz)	F2(Hz)	GM(Hz)	DP(dB)	NF(dB)	DP-NF(dB)
65.2	54.7	6516	7969	7206	9.7	-24.0	33.7
65.3	55.0	4922	6000	5434	8.3	-21.3	29.6
64.9	55.5	3281	3984	3616	3.9	-21.4	25.3
64.2	54.2	2484	3000	2730	3.2	-19.6	22.8
64.5	54.5	1641	2016	1818	6.2	-11.1	17.3
64.5	54.8	1219	1500	1352	9.3	-2.2	11.5
65.6	55.8	797	984	886	3.2	-3.2	6.4

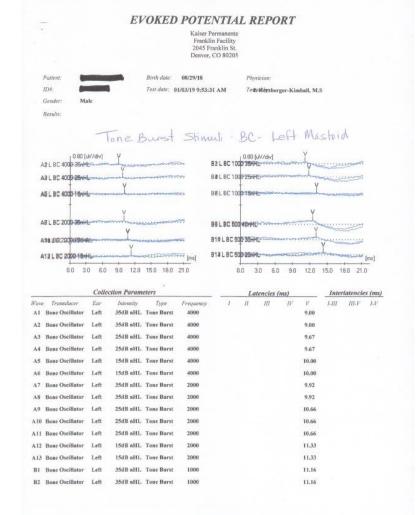


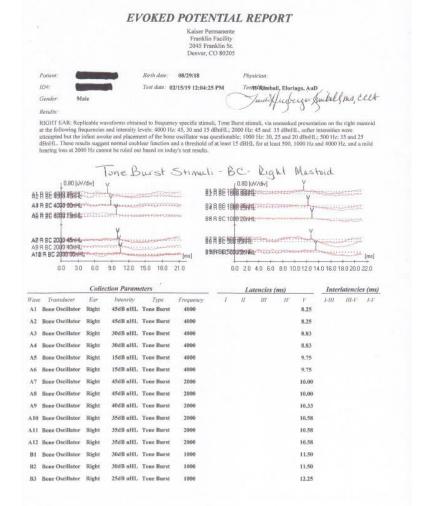
Right: 10-Dec-19: -: 750-8000 Hz Diagnostic Test - High Noise: 19L10D01.OAE

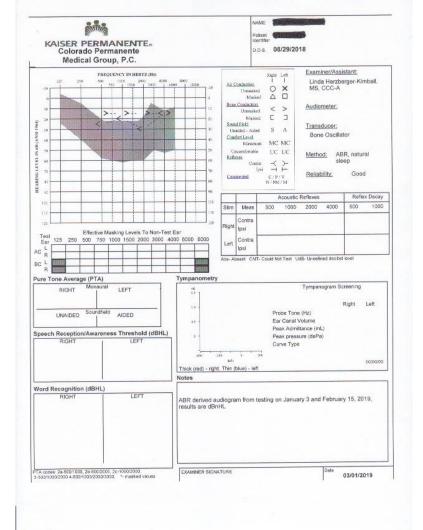
L1(dB)	L2(dB)	F1(Hz)	F2(Hz)	GM(Hz)	DP(dB)	NF(dB)	DP-NF(dB)
65.1	55.0	6516	7969	7206	-21.8	-25.2	3.4
64.4	54.4	4922	6000	5434	-9.7	-19.3	9.6
64.6	54.8	3281	3984	3616	-3.0	-21.2	18.2
64.2	54.4	2484	3000	2730	-0.1	-9.8	9.7
64.5	54.4	1641	2016	1818	-0.4	-8.8	8.4
65.0	54.9	1219	1500	1352	5.9	-11.8	17.7
64.8	54.4	797	984	886	9.4	0.2	9.2

## Why Pursue a Natural Sleep ABR?

- CLEFT LIP and PALATE/CRANIOFACIAL INVOLVEMENT
- MICROTIA/ATRESIA
- SPEECH/LANGUAGE CONCERNS
- FAILED ABR following MYRINGOTOMY and PE TUBE PLACEMENT
- AVOIDANCE OF ANESTHESIA
- TIME
  - Scheduling of OR time
  - Pre Operative Appointment
  - Review by Anesthesiology
  - KASC vs. Rocky Mountain Children's Hospital







## Why Pursue a Natural Sleep ABR?

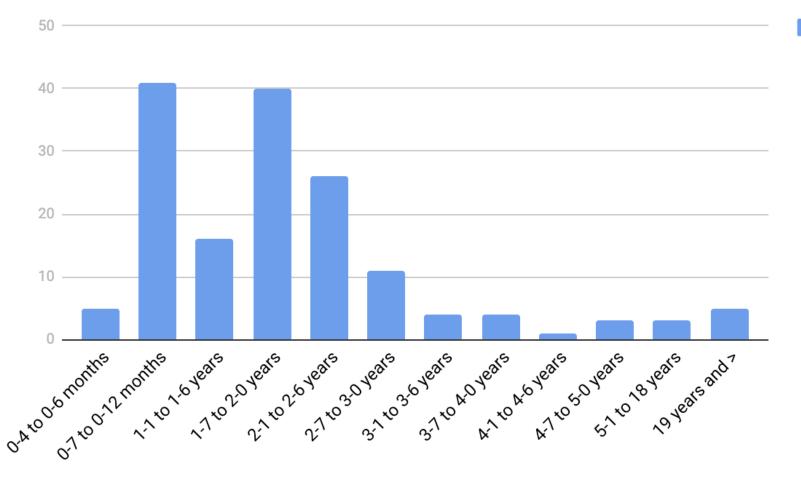
- COST to the PARENT
  - Co-Pay for audiology appointment vs. KASC (Kaiser Ambulatory Surgery Center)
  - Range for audiology appointment co-pay: \$10-\$30
  - Range for KASC co-pay: \$50-\$1500
- COST to Kaiser Permanente

## **Natural Sleep ABR Cases**

	Natural Sleep ABR Appointments/ Patients	Completed ABR Results 1 Appointment	Completed ABR Results 2 Appointments	Partial ABR Results	Failed Attempt
2016	39/35	26	4	3	2
2017	26/25	20	1	0	4
2018	46/43	38	3	2	0
2019	51/47	36	4	5	2

SUCCESS RATE					
2016	94.29%				
2017	80.00%				
2018	100%				
2019	95.74%				
OVERALL	94.67%				

### AGE RANGES of NATURAL SLEEP ABRs



## **PARENT INSTRUCTIONS**

ABR testing can only be performed when a child is sleeping and still. Children are most likely to sleep for the time required if they are scheduled appropriately and arrive tired. For the younger child, being ready to eat will usually help. Following these instructions will help ensure the best possible test environment for your child.

1. If your child has regular sleeping patterns, scheduling your appointment at the child's natural naptime is VERY IMPORTANT. Keep your child up later the night before and get them up earlier on the day of testing. Do NOT let them fall asleep in the car. This is CRITICAL! Sing songs, have another adult ride with you that can engage them while in the car, consider coming down to the area an hour or more prior to the appointment and walking around the zoo, the park, the children's museum, etc., any activity so that the child is sleepy upon arrival.

2. For the child that is still nursing or taking a bottle, try to hold off feeding him/her until you get to the appointment. Try staggering feedings so that the child is ready to eat shortly after arrival. After the audiologist has prepared your baby for the test, you can nurse, feed your baby a bottle or give them a snack so he or she falls asleep naturally. The test can take place while your child sleeps in your arms, in his or her carrier or in our Fisher Price Rock and Play, whichever is most comfortable for you and your baby/child. If your child will sleep in a "Pack and Play" that you have, please feel free to bring it and we will allow time for set up.

3. Please leave any siblings at home or with another adult in the waiting room who can supervise them during the appointment. ABR appointments can be very long and children are typically unable to sit quietly for the length of time required. We ask that only one or two parents/family members attend the 4. Please bring anything that comforts your child. If they typically sleep with a swaddle or sleep sack, please bring it and plan on using it. If there is a favorite blanket, stuffed animal or cuddly, please bring it.

5. Interference from cell phones can affect the results of the test. Please turn all mobile devices OFF (not vibrate/silent) during your child's ABR.



## **AUDIOLOGIST'S TOOLS**

#### 1. SCHEDULING

- a. Natural nap time is key
- b. Flexibility with appointment times
- c. Length of testing: 3- 4 hours depending on child's history
- d. Best option for an appointment: LAST appointment of the day
- e. Always schedule these children yourself.
- 2. SWADDLES and SLEEP SACKS

## 3. WHERE TO SLEEP?

- a. Recliner Parent holding
- b. Fisher Price Rock and Play
- c. Pack and Play (furnished by parents)

## 4. WARM BLANKETS

## 5. CELL PHONE

- a. Flashlight
- b. Music

## **MAGICAL MUSIC to HELP BABIES SLEEP**



Lullabies Lullaby For Babies To Go To Sleep https://www.youtube.com/watch?v=IoR5b4YJHwo&feature=youtu.be

## PITFALLS



## PITFALLS

- 1. Timing is EVERYTHING! Flexibility with scheduling is key. A supportive administration is imperative.
- 2. Parents role in success.
  - a. Higher than average no-show/cancellation rate
  - b. Attitude
  - c. Anxiety
- 3. Children get **SICK**.
- 4. Are results imperative?

## Why Pursue a Natural Sleep ABR?

• ABSOLUTELY NO OTHER WAY TO GET THE INFORMATION!!







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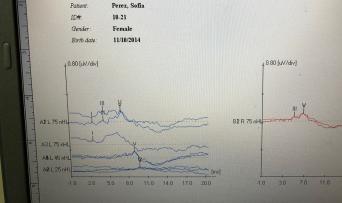


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# Sofia 3-11

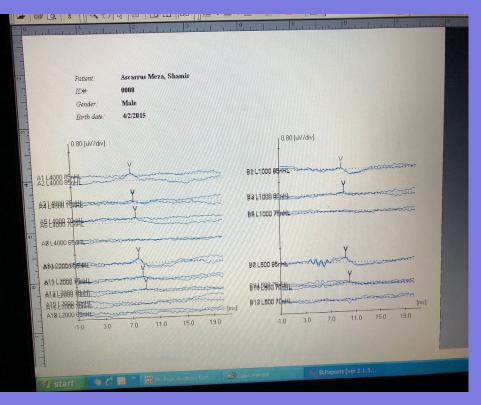
#### EVOKED POTENTIAL REPORT



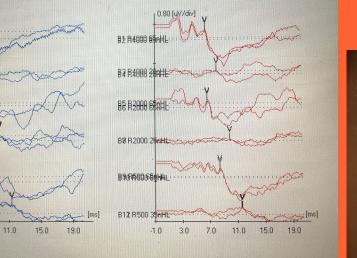




# Shamir 3-7



José 1-7



0.80 [uV(div]

A3 L4000 20 mHL

AS 12888 25 H

A19 1588 658H

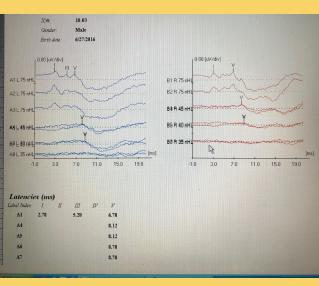
A12 L500 35nHL

7.0





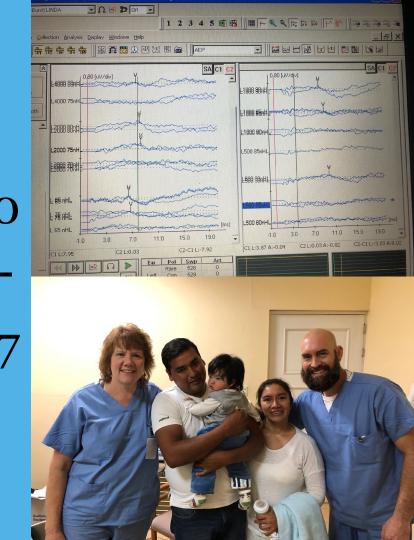
# Thiago 2-4











# Welcome to the World Lily Eloriaga!! February 18, 2020

## Natural Sleep Auditory Brainstem Response Evaluations: Our Reality at Kaiser Permanente Colorado

KAISER PERMANENTE.