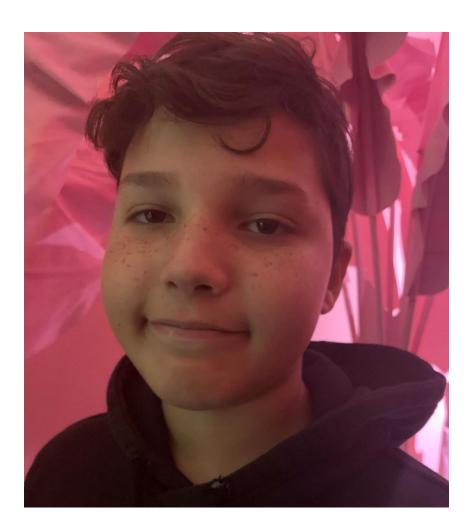


# WHOA!!! WHERE'D THAT SQUIRREL COME FROM?

Andrea Marwah, IL Hands & Voices / Illinois School for the Deaf Outreach

### WHAT DOES ADHD LOOK LIKE?





### WHAT DOES ADHD LOOK LIKE?







### HOW MANY CHILDREN ARE WE TALKING **ABOUT?**



#### 2018 Statistics



\* 3.79 million births in the US



About 2-3% diagnosed DHH



About 10% of kids are diagnosed with ADHD.



No stats available about the co-morbidity of ADHD and HI or Deafness



About 40% of diagnosed DHH have other disabilities

#### HOW DO WE FIND THESE CHILDREN?



Parental Concern

Team Collaboration

Developmental Checklist

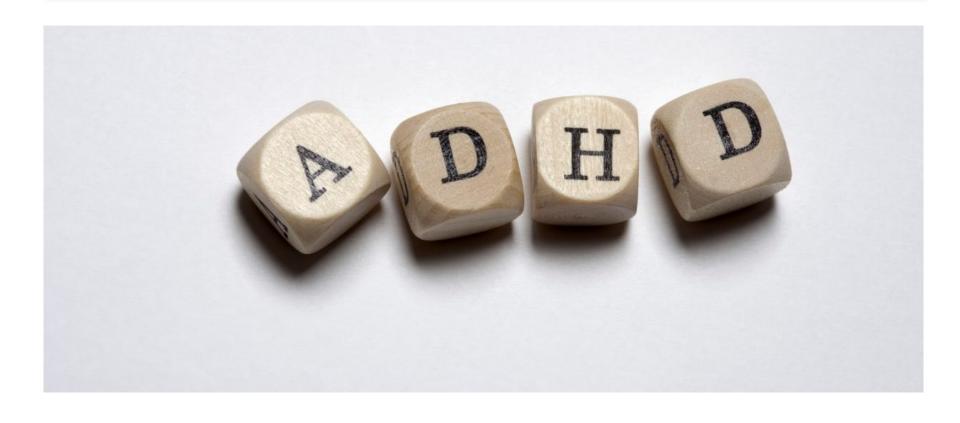
Observation of academic or behavioral difficulties

Observation of the child's performance in the environment

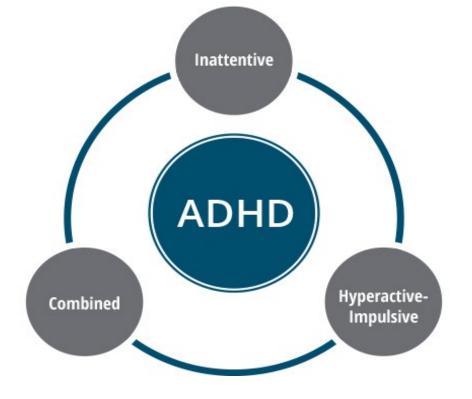
# ATTENTION DEFICIT HYPERACTIVITY DISORDER

ADHD is a very complex neurobiochemical disorder..

Parents and teachers do **NOT** cause ADHD.



# THERE ARE THREE SUBTYPES OF ADHD



- Predominately Inattentive Type
- Predominately Hyperactive-Impulsive Type
- Combined Type (inattention, hyperactivityimpulsivity)

### INATTENTIVE CHALLENGES

- Lacks close attention to details or makes careless mistakes. Has difficulty keeping focus.
- Does not appear to listen
- Struggles to follow through with instructions.
- Difficulty with organization.
- Avoids or dislikes tasks requiring a lot of thinking.
- Loses things.
- Easily distracted.
- Forgetful in daily activities.

### HYPERACTIVE CHALLENGES

- Fidgets with hands or squirms in chair.
- Difficulty remaining seated.
- Runs about or climbs excessively (for children)
- Difficulty to quietly engage in activities.
- Acts as if driven by a racecar
  - Chatters excessively.
  - Impulsively blurts out
  - Difficulty waiting or taking turns.
  - Interrupts others.

#### **COMBINED TYPE**

Combination of inattentive and hyperactive



# WHAT OTHER PROBLEMS MAY CO-EXIST WITH ADHD?

- Oppositional defiant disorder
- Conduct disorder
- Anxiety
- Depression
- Learning disabilities









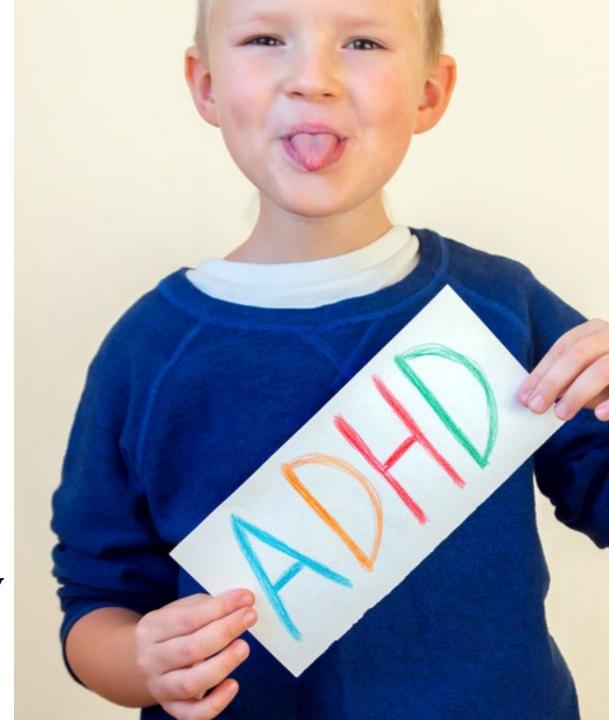




# FOR ADHD DIAGNOSIS:

Symptoms must.....

- be present at least 6 months
- be present in 2 or more settings
- cause problems before age 7
- be developmentally inappropriate



# WHAT IS THE RECOMMENDED TREATMENT APPROACH?

- Education of the patient, parent and teacher about the disorder
- Medication, usually from the class of drugs called stimulants (in recent years non stimulant drugs have been produced but the stimulant drugs tend to have better outcomes for most patients.
- Behavior therapy
- Other environmental supports, including an appropriate school program

# SO WHAT CAN WE DO?

- Remember, it's not a matter of deliberate choice on the part of the child.
- Provide external incentives to follow the rules.
- Give extra praise and encouragement.
- Follow a step by step approach.
- Let the student earn special privileges.
- Alternate action with requests for attending.
- Consider a special diet and/or exercise program.



# ...AND WHAT ELSE?

- Minimize visual distraction where attention is required.
- Provide good listening environment for children with usable hearing.
- Agree on a small signal to help child remember to remain calm.
- Have child near you for ease of attention getting.
- Enlist parent help.
- Don't sweat the small stuff.





We discussed specifics within specific disability categories. Now for general information on how to educate children who have multi-needs. Ideas and strategies that not only help the student but the students peers as well in many instances.

#### WHAT ABOUT EDUCATION PLANNING?

Strive to develop independent functioning as much as possible

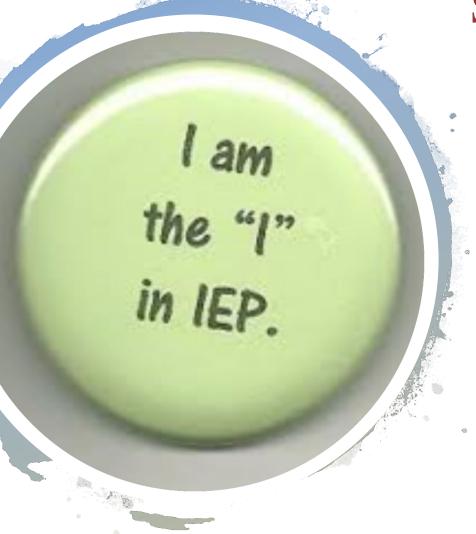
Develop the IEP or 504 Plan as a team

### Coordinate efforts and include all team members:

- Parents
- Teachers and support personnel
- other professionals working with the child

Lets face it, few teachers are trained to teach children with additional disabilities.

# WHAT ABOUT MATERIALS AND STRATEGIES?

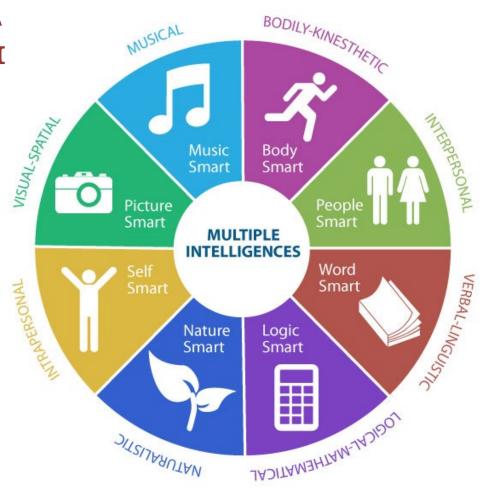


• No one technique or strategy is appropriate for all children.

• Emphasis should be placed on what a child CAN do.. Not what they CAN'T do.

LEARNING STYLES

- Auditory
- Visual
- Kinesthetic
- A combination



Curriculum must be presented in a format compatible to the learning style of the student to make new learning happen.

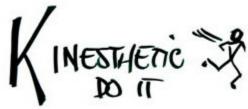
### LEARNERS WITH DIFFERENT STYLES

Auditory Learner



- logical, analytical, sequential thinkers
- comfortable with school tasks, like analyzing sounds and numbers, following direction
- are considered good students because their needs are met in the classroom

Visual/Tactile-Kinesthetic Learners



- not good with logical, analytical, sequential tasks until they see the big picture
- work backwards end to beginning
- need to learn new things in context
- random and divergent thinkers



# GLOBAL V. ANALYTICAL THINKERS

#### **Global Thinkers**

- whole to parts
- hands-on learning
- organizes visually
- learning styles focus
- immerse the senses
- seek patterns and connections
- technology assistance
- integrate skills into context
- concrete to abstract

#### **Analytical Thinkers**

- cause & effect
- organizes sequentially
- auditory remembering
- independent
- aesthetic, less sensory than global

What if....

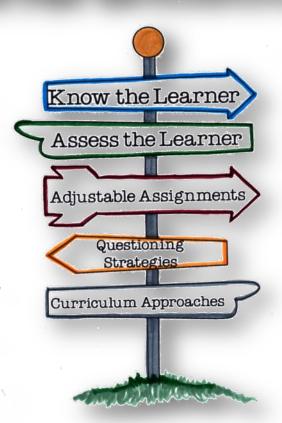
understands symbolism

# EFFECTIVE INSTRUCTIONAL STRATEGIES FOR ACCESS TO THE GENERAL CURRICULUM



- Task Analysis
- Giving Instructions
- Adaptation
- Parallel Talk
- Chaining
- Modeling
- Prompts
- Repetition
- Feedback
- Praise

# What is Differentiation?



# DIFFERENTIATED INSTRUCTION

- Providing different avenues for acquiring content, processing or making sense of ideas, and developing products.
- It is **NOT** an individualized lesson plan
- It is NOT chaotic and unorganized
- It is **NOT** teaching to the 'middle'
- It is NOT just making a few accommodations and adaptations

# KEY ELEMENTS OF DIFFERENTIATED INSTRUCTION

### Acknowledge similarities and differences

Focus on "quality" not "quantity"

Provide multiple approaches to content, process, and product

Student centered

Flexible grouping and pacing

Collaborative

Assessment is varied, on-going and guides instruction and learning tasks

#### **Nine Types of Adaptations**

#### Size

Adapt the number of items that the learner is expected to learn or complete.

#### Time

Adapt the time allotted and allowed for learning, task completion, or testing.

#### **Level of Support**

Increase the amount of personal assistance with a specific learner.

#### Input

Adapt the way instruction is delivered to the learner.

#### Difficulty

Adapt the skill level, problem type, or the rules on how the learner may approach the work.

#### Output

Adapt how the learner can respond to instruction.

#### Participation

Adapt the extent to which a learner is actively involved in the task..

#### **Alternate Goals**

Adapt the goals or outcome expectations while using the same materials.

#### Substitute Curriculum

Provide different instruction and materials to meet a learner's individual goals.



### CLASSROOM ENVIRONMENT

- -Academic
- -Physical
- -Emotional

### SURFACE MANAGEMENT

- NON VERBAL TECHNIQUES
  - Planned Ignoring
  - Signal Interference
  - Proximity Control
- Interest Boosting
- Supportive Removal



- Restructuring Classroom Program
- Support from Routine
- Direct Appeal to Values
- Removing Seductive Objects
- Support through Humor

# with Creating Organization Organization Predictable Social Relationships at Building Tea

CLASSROOM MANAGEMENT Classroom management refers to all of the things that a teacher does to organize students, space, time, and materials so that instruction in content and student learning can take place.

### REMINDER: GOALS OF MISBEHAVIOR

- Attention-getting
- Control of the Interaction
- Revenge
- Display of Inadequacy
- Sensory Regulation



# NOT SO EASY STEPS TO TACKLING IT!

- Catch them being good. Give attention for appropriate behavior. ...
- Ignore the misbehavior but not the child. When the child misbehaves, resist the temptation to lecture, nag, scold, yell, or punish. ...
- Be consistent. It's the only way children know we mean what we say.
- Repeat.
- Repeat..
- Repeat...
- Repeat....



CHARACTERISTICS OF A SUCCESSFUL PROGRAM:

- · A "can do" attitude
- Highly structured
- Specific, clearly stated objectives
- Focus on individual needs
- Step-by-step instruction
- Individualized objectives and instructional procedures



- Consistent routines
- Age appropriate materials
- Provision for successful experiences
- Repetition to the point of over-learning
- Transfer of in natural environments



# TEACHERS/THERAPISTS ARE AN ESSENTIAL LINK.

- Know the characteristics of this comorbid disability
- Participate in ongoing workshops
- Help LEA design a learning profile for each student
- Help LEA to use effective teaching techniques
  - Always gain attention first
  - Call student by name
  - Use visual aids
  - Write assignments on the board
  - Give extra time for answers





### AND MORE...

- Provide individualized instruction
- Provide a structure for learning
- Provide structured language if needed
- Build self-esteem
- Meet with parents/ guardians
- Understand the laws and procedures
- Advocate on behalf of your students
- Be positive



## THE TEAM

### (IN AND OUT OF SCHOOL)

- Audiologist
- Classroom teacher
- Education Interpreters
- Neurologist
- Occupational therapist
- Optometrist
- Ophthalmologist
- Otologist
- Teacher's aide
- Parents

- Pediatrician
- Physical therapist
- Psychiatrist
- School nurse
- School psychologist
- School social worker
- Special ed teacher
- Speech language pathologist

# AUXILIARY SCHOOL PERSONNEL CAN ALSO BE HELPFUL!!!



- Dietitian
- Interpreters
- Janitor
- Lunchroom staff
- Office staff
- Older students
- Parent volunteers
- Peers
- School volunteers

### PARENTS ARE KEY!!!

#### Parents can:

- Maintain consistency in the student's life.
- Help the student maintain self-discipline.
- Help with homework...consistency in learning.
- Encourage good nutrition and a good night's sleep.
- Give positive reinforcement and encouragement.
- Maintain home/school communication.
- Provide outside activities that build selfesteem.
- Provide love and acceptance.



# MODIFICATIONS AND ACCOMMODATIONS

### TIPS FOR ACCOMMODATIONS



Environmental changespreferential seating front (near teacher or interpreter), flexible seating

Peer Notetaker, Teacher notes/outlines, Interpreter signs test

- Using different paper, spellchecker, Highlighted text, Word banks
- Peer buddy, Frequent teacher check-backs
- Multiple choice, Verbal/Sign responses
- Shorten assignments, Extra time

### TIPS FOR MODIFICATIONS

- Reduced/altered: assignments, classwork
- Specialized or alternative curriculum
- Alternate book at student's level
- Simplified vocabulary/concepts

- Picture supports
- Calculator
- Grading







A list of sources can be made available upon request. Email presenter at <a href="mailto:andrea.marwah@Illinois.gov">andrea.marwah@Illinois.gov</a> for a list of sources used in this presentations.