 

***Beyond the Book – Family Book Club***

*Easy to Love, Hard to Discipline*, by Becky A. Bailey, Ph.D.

Boys Town, *Sign with Me* series – Positive Parenting

**Reading Guide**

Contact information:

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| **East TN** | **Middle TN** | **Middle & West TN** |
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**August 6, 2020 6:30 PM CST / 7:30 PM EST**

Get to know each other

* Introduction
* Roles of Facilitators: Alisa, Brenda, Tracy
* Q&A – what we do, how to reach us, recording of the discussions, etc.

Overview – How will this work over the next few meetings?

* Book - No assigned chapters; we will discuss topics and strategies from the book
* Book – provide page numbers of specific strategies to discuss
* Boys Town supplement: *Sign With Me – Positive Parenting*
* Creating a language rich experience for my child: speaking, signing, etc.

Discussion

Questions

Dismiss

**Projected discussion topics**

**September 3**

Chapter 10 - Why Children Do What They Do: The Development of Misbehavior

Discipline / teaching – how to naturally incorporate language into every aspect

Just relating to my child – hanging out during the COVID-19 Pandemic

**October 1**

Chapters 1 – 3

From Willful to Willing

The Seven Powers for Self-Control

The Seven Basic Discipline Skills

How to guide my child: potty training, calming techniques in overstimulating areas

**November 5**

Chapters 4 – 6

Assertiveness: Saying No and Being Heard

Choices: Building Self-Esteem and Willpower

Encouragement: Honoring Your Children so They Can Honor You

Do you want to continue meeting with another book?

**December 3**

Chapters 7 – 9

Positive Intent: Turning Resistance into Cooperation

Empathy: Handling the Fussing and the Fits

Consequences: Helping Children Learn from their Mistakes