No Toy Bag? No Routine? *No Problem!* Language is Free and Everywhere

**Gather information** on habits and behaviors during daily routines.

* Tell me what happens in your day from the moment you wake up to the moment you go to bed.
* What is one thing you do the same every day, even if the time is different?
* What is your favorite moment to share with your child?
* How do *you* feed him? What do *you* say?
* What does it look like to get ready to go somewhere?

**Joint plan** with the family to focus on their goals and their language.

* Capitalize first on what the family is already doing and *then* how language can naturally fit into other situations.
* Be careful not to change the activity. Rather point out natural opportunities for parents to talk to their child during the day.
* Discuss what can be done to have the child participate in the routine and language.
* Does the family want you to give them examples of a routines and language?

**Practice** to be sure everyone is on the same page and the parent feels comfortable with the routine and language they chose.

* Ask the parents if they would like you to model the routine, using their actions and language.
* Give the parent the opportunity to practice the routine and ask any questions.

**Reflect** to give the family action steps that are natural and doable for them, even when you’re gone.

* What is the family’s comfort level with what they chose, planned and practiced?
* Does the family see value in the routine discussed?
* Does the family understand how language development is related to routines?
* Does the family feel comfortable discussing progress during the next session?



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